

What We Offer

The Introvert Space

# Services Guide





# Unlock the Power of Quiet Leadership

At The Introvert Space, we empower introverts to excel in their careers by providing expert-led workshops, coaching, and tailored programmes.

Whether you're an organisation looking to create an inclusive workplace or an individual seeking strategies to thrive, we offer insights and solutions designed with introverts in mind.



The Introvert Space leading a workshop for Communication Directors at the 2024 EACD



Who We  
Are

— 2025

# Our Story

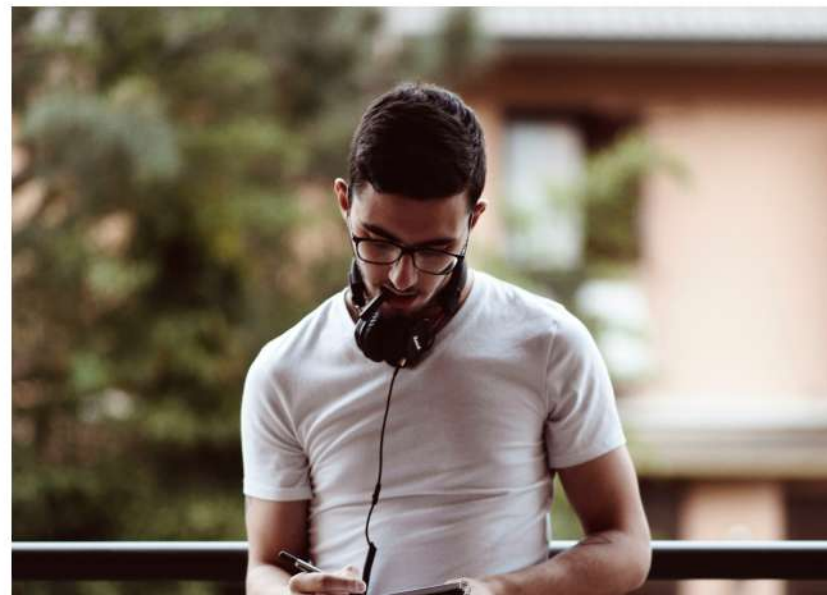
“For years, as I navigated my own career, I often felt that the resources and support available were designed for a different personality type that prioritise loud, assertive voices over more reflective, quieter approaches. That’s why I founded The Introvert Space™ — to create a community and provide tools that help introverts thrive.

Introverts make up more than 50% of the workforce, yet their strengths are often overlooked. My mission is to help organisations unlock the quiet power of introverts to drive productivity, innovation and build more inclusive, effective workplaces.”

**Richard Etienne, Founder**

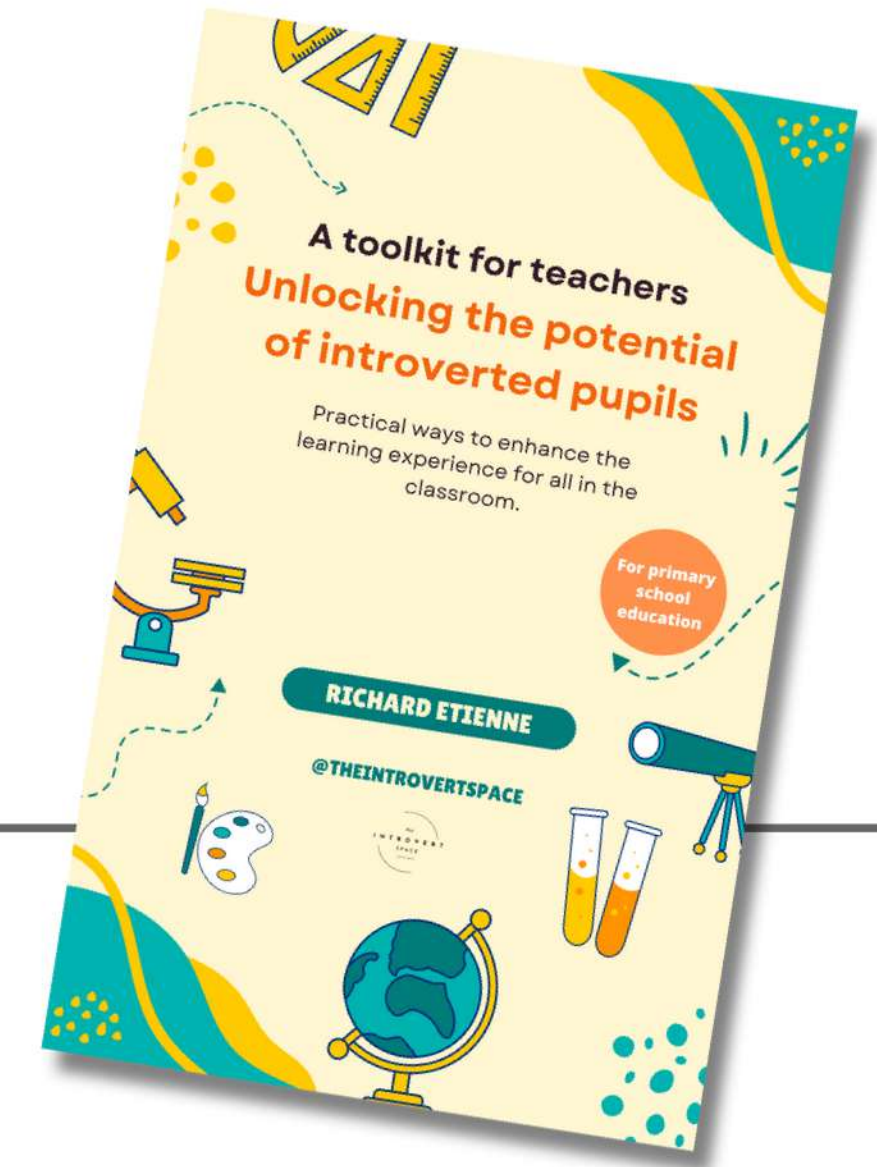


**THE INTROVERT SPACE**





# Our Mission



## Helping introverts thrive

Equip introverts everywhere with the tools and strategies they need to succeed in today's evolving professional landscape whilst also working with organisations and educators to build more inclusive cultures that embrace different personality types.

## What makes us unique

What sets us apart is our commitment to research-driven solutions. These findings, along with established research on introversion and neurodiversity, form the foundation of our services and resources. We don't just offer generic advice; we provide tailored strategies that address the real-world needs of introverts in today's evolving professional landscape.





# Our Core Services



Keynote Speaking



Workshops & Webinars



Coaching & Mentoring



Retainer Package



Bespoke & Ready Made Toolkits



# Service breakdown



## Signature Speaking Package

- Bespoke keynote delivered in person or online (60–90 minutes)
- Custom content tailored to your audience
- International travel available
- Pre-event consultation
- Free follow-up workshop included for multiple bookings.

## Virtual Keynote Package

- Online keynote (1–1.5 hours)
- Choose from five ready-made subtopics designed to inspire and empower
- Enjoy an interactive Q&A session to deepen insights

## Workshop Package

- In-person or online interactive workshops (1–2 hours)
- Group discussions and personal development activities
- Creation of workshop material
- Post-workshop materials and optional follow-up sessions
- International travel available

## Bespoke and Ready-Made Toolkits

- Ready-to-Use: Download practical toolkits like 'TIMI' and ebooks such as 'Self-Promotion for Introverts'.
- Tailored Solutions: Create bespoke toolkits and personalised books in digital or print to meet your specific needs.

## Retainer Package

- Ongoing speeches, training, and consulting
- Exclusive client access and tailored content
- Regular strategy sessions for long-term impact.

## Coaching & Mentoring Package

- One-on-one coaching sessions tailored to individual needs (e.g., career growth, leadership skills, personal branding).
- Personalised mentoring from Richard Etienne or a member of his team.
- Actionable strategies and resources to support personal and professional development.
- Flexible scheduling and virtual session options.



# Our Topics Include



## Unlocking the Strength of Introverts in Leadership and Management

Leveraging quiet strengths for effective leadership.

## Creating Inclusive Workplaces for All Personality Types

Building teams and environments where all personalities thrive.

## Personal Branding for Introverted Leaders

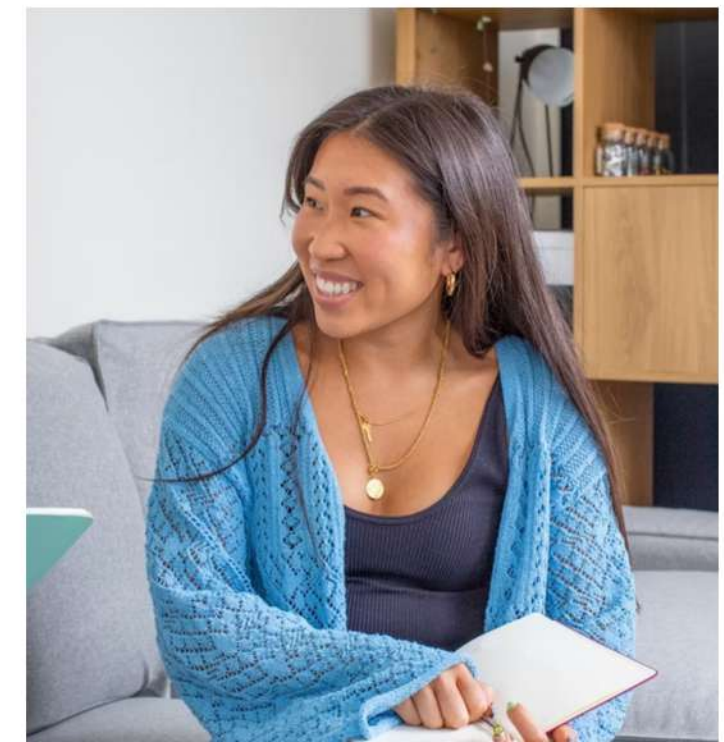
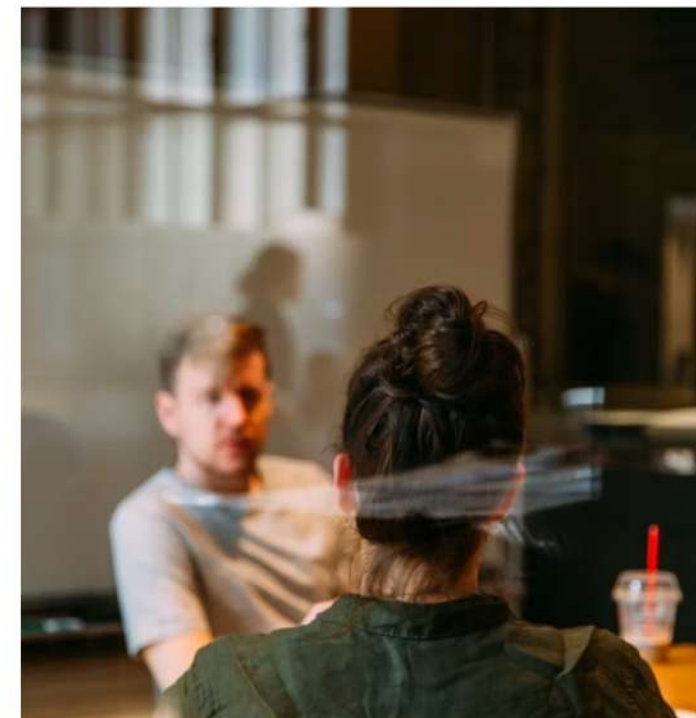
How quiet professionals can stand out without acting out of character.

## Leading and Managing with Emotional Intelligence

Harnessing EQ to drive team success.

## Practical Tools for Managing Diverse Teams

Adapting leadership to support every personality across generation types.





What Others  
Are Saying

# Testimonials



Hosting a keynote address for Mews, in Prague, Czech Republic



**Nicola Barron, Co-founder and Director at  
MDMB Creative**

"I've worked with Richard at both the Guardian and the Standard, where he delivered exceptional masterclasses on introversion and personal branding. His sessions are insightful, engaging and deeply impactful. Richard creates a safe space for attendees, ensuring they leave feeling stronger and more self-assured. A truly outstanding speaker and educator."



## Testimonials

**Iris Hofmann, Head of Operations,  
University of Oxford**

"It was an honour to host Richard at the University of Oxford for a full day of workshops and seminars. His personal branding and confidence-building advice resonated deeply with our introverted staff and students. Richard's approachability and authenticity made him a true ally for diversity and inclusion. We hope to welcome him back soon."

As trusted by:



HM Government

**The  
Standard**





Your Next  
Step

The Introvert Space —

# Get In Touch



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